

Red Moon Oracle Certified Reader workshop Hand-out



Training with Miranda Gray
Artwork by Juliaro

**Red Moon Oracle
Certified Reader workshop
Handout**

By Miranda Gray

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**My love and gratitude to the
volunteer translators
who have made this handout possible.**

Their help is a gift of love to support all women as they grow in their authentic femininity and in their lives. And it reflects a heart-centred desire to help bring change to the world.

Please respect this gift.



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The Archetypes

Make notes on the symbolism of the cards and the energies of the Archetypes throughout the workshop. These notes will become a reference for when you do the card reading exercises.

| | |
|--|--|
| <p>Maiden Archetype Pre-ovulation phase</p> | |
| <p>Mother Archetype Ovulation phase</p> | |
| <p>Enchantress Archetype Pre-menstrual phase</p> | |
| <p>Crone Archetype Menstrual phase</p> | |

Single Card Guidance

My question

Read the picture first.

Which Archetype has answered your call for help?

What aspect of the image jumps out at you?

What do you feel?

What energy is the archetype giving to you and to the situation?

Write down the affirmation.

The Cycle Spread

This spread is focused on the **Archetypes within our client** so there is a short meditation at the beginning to help both our client and our self to connect to our inner goddess energies.

Preparation:

1. Separate the Inner Archetype cards from the deck – the Inner Maiden, Inner Mother, Inner Enchantress and Inner Crone cards. Put the other cards to the side.
2. Ask your partner for her name and if she knows which phase she is currently experiencing.
3. Tap the cards three times on both ends to clear the energies.

The Dedication:

1. Hold the cards. In an in-person reading, your client would hold the cards as you read the short meditation and dedication.
2. Ask your client to close her eyes.

Read out loud:

Take a deep breath and relax.
Bring your awareness to your lower belly.

(Pause)

Feel, know or see that your womb is like a tree. Its large trunk splits into two main branches, and they are full of deep green leaves, small white flowers and red jewel-like fruits.

The roots of the tree grow deep into a pool of still water that surrounds the tree and reflects the silver-white light of a Full Moon lying in the tree's branches.

Your lower belly starts to fill with beautiful moonlight.

(Pause)

She who is the Cyclic Goddess.

She who creates with love.

She who brings peace.

She who dances in my womb.

She who radiates from my heart.

I ask your guidance for *(name of your client)* for this cycle.

What does she need to be, to know, to express or do?

*If your partner does not have a menstrual cycle say:
I ask your guidance for (name of your partner) for this lunar cycle.*

Open your eyes.

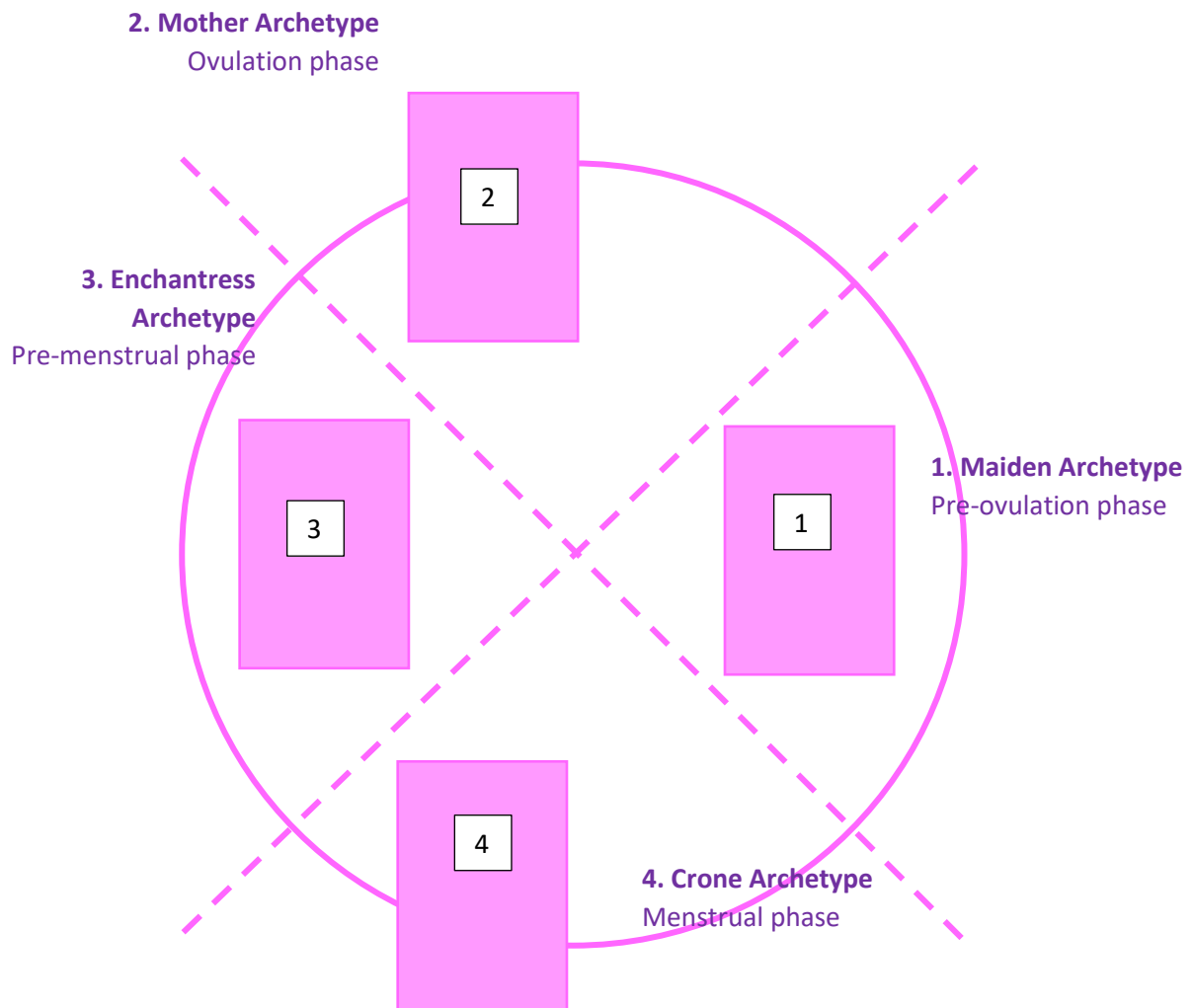
Creating the first Cycle Spread:

Separate the cards into 4 piles. One for each archetype.

1. Choose **one card** from the Maiden pile and place it text down to the right.
2. Choose **one card** from the Mother pile and place it text down to the top.
3. Choose **one card** from the Enchantress pile and place it text down to the left.
4. Choose **one card** from the Crone pile and place it text down to the bottom.

(In an in-person reading, the partner will pick the card and place it in position.)

What does she need to be, to know, to express or do?



These cards are the answer to: What does the archetype need the client to be, know or express or or do in the Archetype's phase?

If your client knows her phase, start by reading the message text on the card of her current Inner Archetype.

If your client does not know her phase, start by reading the Inner Maiden message.

If the client is post-menopause, start by reading the Inner Archetype message of the current lunar phase.

Show her the first card image:

Explain about the picture and the archetype's energies – listen to your intuition to tell you what to share with her.

Some questions to ask her to help you to guide her.

- ✓ Do you like this phase of your cycle?
- ✓ What do you find difficult?
- ✓ Do you like the image of the archetype? What do you feel it is positive?
- ✓ Do you connect easily with her energies?

Turn over the card and read the text.

Some questions to ask her to help you to guide her.

- ✓ How do you feel about this message? Do you like it, or do you feel any resistance to it?
- ✓ Is the archetype asking you to do something easy or difficult?
- ✓ Do you think that you can do what the message asks in this phase?
- ✓ How could you fit it into your life in this phase?

Remember that the guidance is only for this one phase and not a major life change!

Go to the next card – follow the cards around the cycle.

NOTE

Your workshop partner may like to write down the affirmations for each phase.

Or you could take a photograph of the spread at the end of the reading to send to her after the workshop.

Creating the second Cycle Spread:

Close your eyes and ask:

What gift, energy or ability do the Archetypes bring you in each phase to use in this cycle?

Open your eyes.

And then:

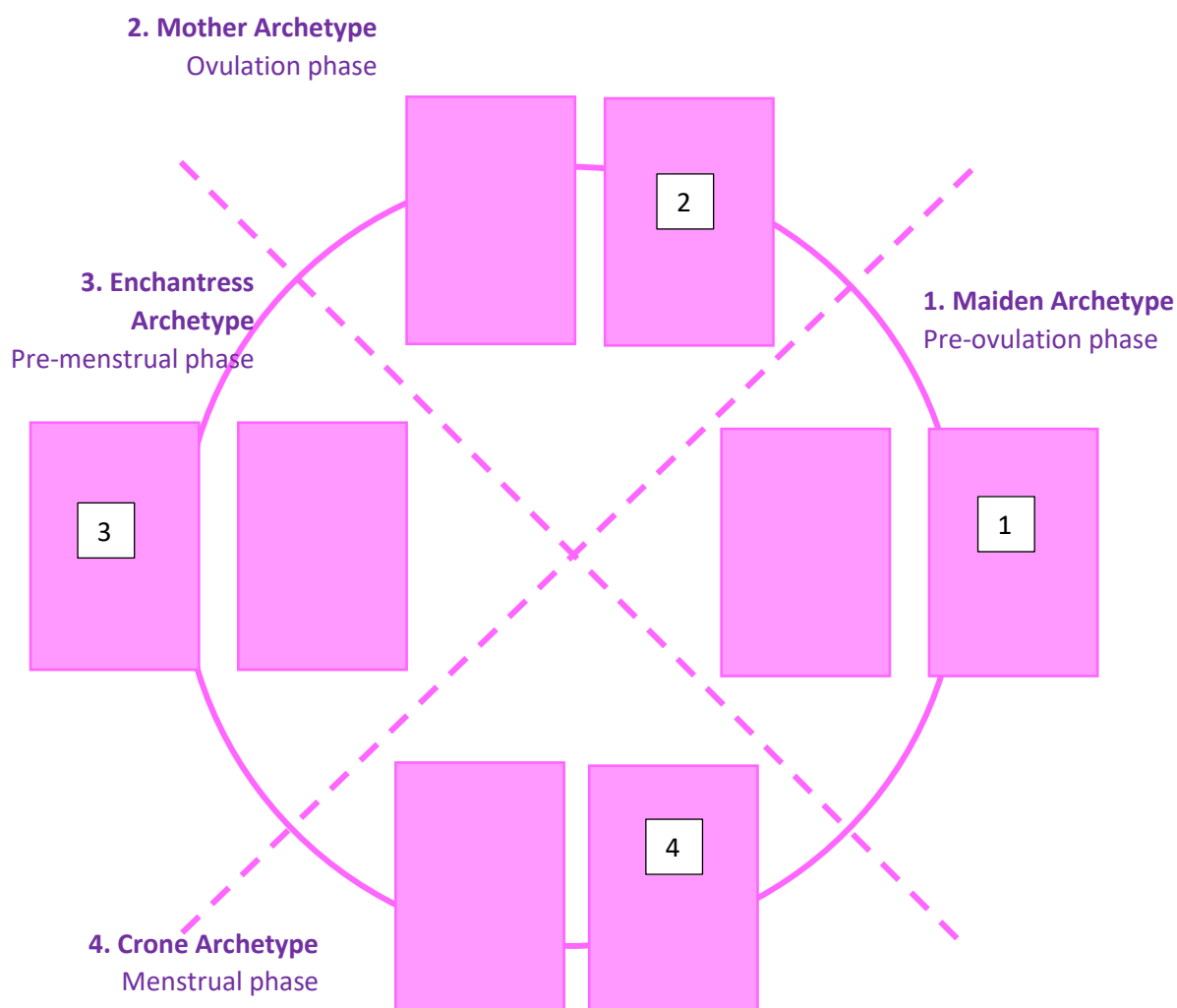
1. Choose a **second card** from the Maiden pile and place it text down to the right.
2. Choose a **second card** from the Mother pile and place it text down to the top.

3. Choose a **second card** from the Enchantress pile and place it text down to the left.

4. Choose a **second card** from the Crone pile and place it text down to the bottom.

(In an in-person reading, the partner will pick the card and place it in position.)

What gift, energy or ability does the Archetype bring her?



5. Now turn over each card, one at a time, and read the gift for the phase.

Some questions to ask her to help you to guide her.

- ✓ Does she like the gift, energy or ability offered to her?
- ✓ Is it easy or difficult for her to accept or express, or easy?
- ✓ How could she use this gift or express the energy in a small way in this phase?

NOTE

Your workshop partner may like to write down the affirmations for each phase.

Or you could take a photograph of the spread at the end of the reading to send to her after the workshop.

An Overview Card:

This is the card that represents the overriding topic for this cycle – something your client needs to focus on in all four of her cycle phases.

Mix the four piles of cards together adding the lunar and seasonal cards and the Unity card which you put to the side at the beginning:

Close your eyes and ask:

What energy does (*name of your partner*) need to focus on throughout the whole cycle?

What wisdom that does she need to learn and bring into her life in this cycle?

Draw one card and place it text side down in the middle of the spread.

(In an in-person reading, the partner will pick the card and place it in position.)

1. **Notice the Archetype** – read this as the Archetype and wisdom that is going to influence all of her phases this cycle.
2. **Turn the card over and read the message and affirmation**– ask how the message fits in with her current life.
3. Suggest she uses the affirmation in every phase throughout her current cycle.

NOTE

Your workshop partner may like to write down the affirmations for each phase.

Or you could take a photograph of the spread at the end of the reading to send to her after the workshop.

The Life Balance Spread

In this spread you are going to ask the **Archetypes for their help and support to balance energies in specific areas of your client's everyday lives.** (This spread is not based on the menstrual cycle.)

Preparation:

1. For this spread you will use the whole deck.
2. Mix up the cards.
3. Tap the cards three times on both ends to clear the energies.

The Dedication:

Hold the cards in your hands.

Close your eyes, take a deep breath and bring your awareness to your womb.

Read out loud:

She who is the Cyclic Goddess.

She who creates with love.

She who brings peace.

She who dances in my womb.

She who radiates from my heart.

I ask your guidance to bring balance and wellbeing into the life of (*name of your client*).

What does she (or he) need to do?

Open your eyes.

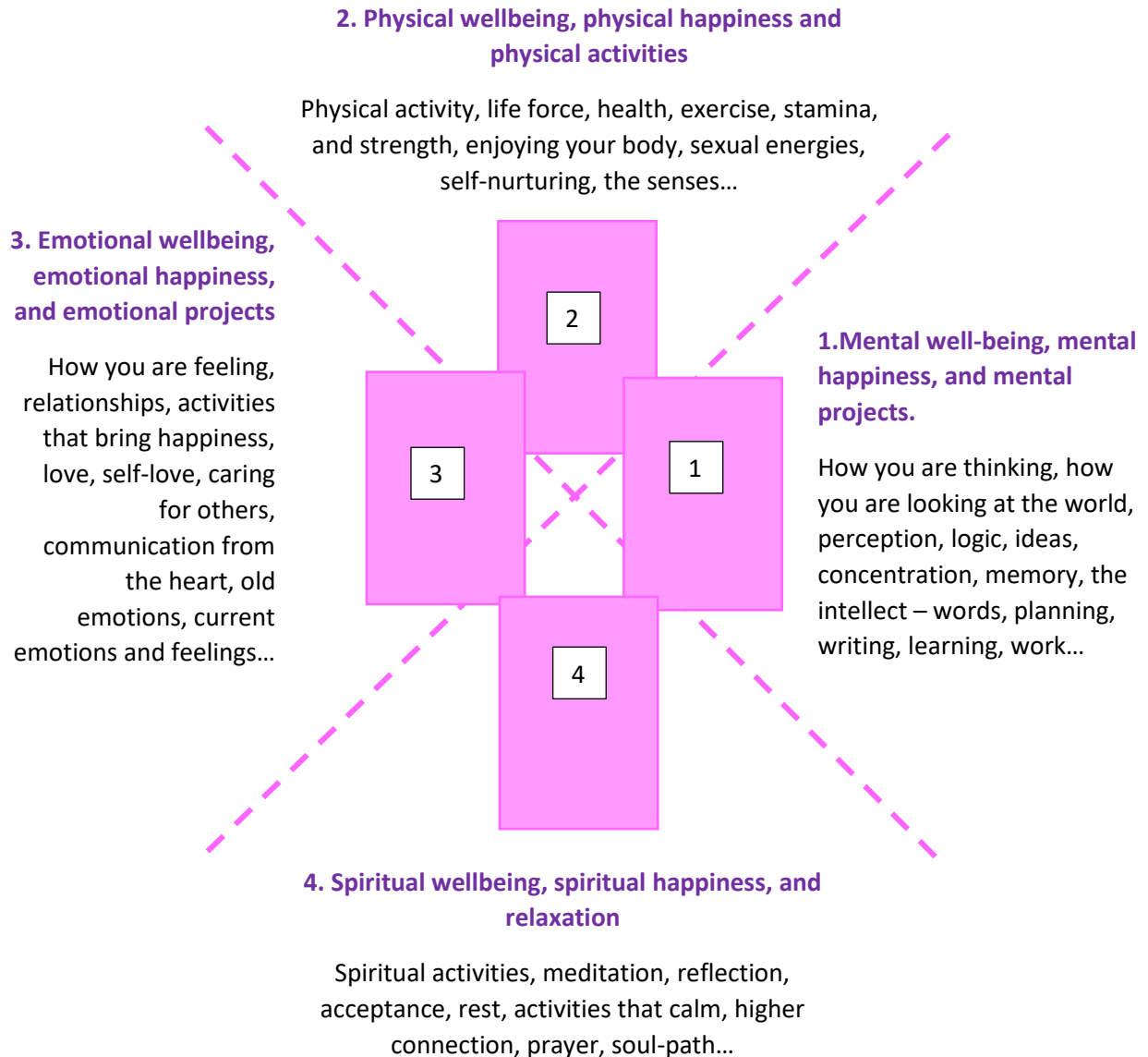
(In an in-person reading, your client would hold the cards as you say the dedication.)

Creating the spread

1. Choose one card **from the deck** and place it face down in the **Mind position**.
2. Choose one card **from the deck** and place it face down in the **Body position**.
3. Choose one card **from the deck** and place it face down in the **Emotions position**.

4. Choose one card **from the deck** and place it face down in the **Spirit position**.

(In an in-person reading, your client will pick the card and place it in position.)



Reading the cards

1. **Explain the card positions to your client.**

For example: Mental wellbeing and projects.

This position is about your mental wellbeing and happiness.

It is about how you are thinking, how you are looking at the world, your perception.

It is about all your mental projects, for example: planning, learning, anything that uses your mental energies.

2. Notice the Archetypes and summarise for the client what you see.

- ✓ Where does the client need inner-focused energy (Enchantress and Crone) or outer-focused energy (Maiden and Mother) in their lives?
- ✓ Where is Archetype energising (Maiden and Enchantress) or stabilising down (Mother and Crone)?
- ✓ Where is the Archetype saying change is needed (Maiden and Enchantress)?
- ✓ How many cards are of the same Archetype – what does this mean?

For each card:

1. Read the Archetype energies using the symbolism of the card to help you. Use your intuition to guide you on what to say.

For example: The Maiden is bright and positive and shines with her light. She has self-belief and is an explorer. She likes exciting things, to grow and do new things. She also likes to achieve success and to move forward in life. She is open and trusting.

2. Read the card position and archetype together.

For example:

You have a Maiden archetype card in the position of 'mental wellbeing, mental happiness and mental projects'.

She is saying that for mental happiness you need a little excitement, something new to exercise your mind. It needs to be fun and playful. The Maiden is saying to focus on positive thinking, on the good aspects of life and of yourself, and to believe in yourself!

3. Then turn over the card and read the specific message from the Maiden.

Discuss what the message means to your client and this area of her life.

Ask your client how difficult she finds it to express these aspects of herself in these areas of her life?

Discuss how she can apply the Archetype's guidance practically to her life.

Overview Card

Close your eyes and draw a final card from the deck – this is the Overview Card. Place it in the middle of the spread.

This card answers the question:

What is important for your client to do for her (or his) life-path at the moment?

NOTE

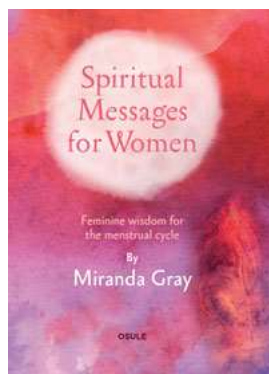
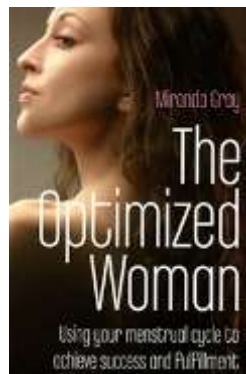
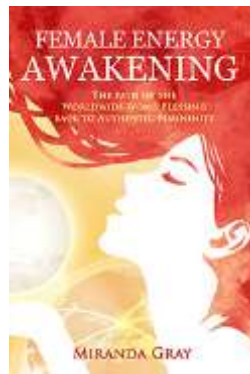
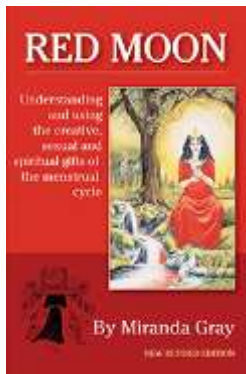
Your workshop partner may like to write down the affirmations for each phase.

Or you could take a photograph of the spread at the end of the reading to send to her after the workshop.

After the card reading

Put your cards back into the box or wrap them in a scarf to protect their energies. Or you may like to keep them in a special 'Womb Bowl' and use them in your own daily meditations and personal readings.

Books by Miranda Gray



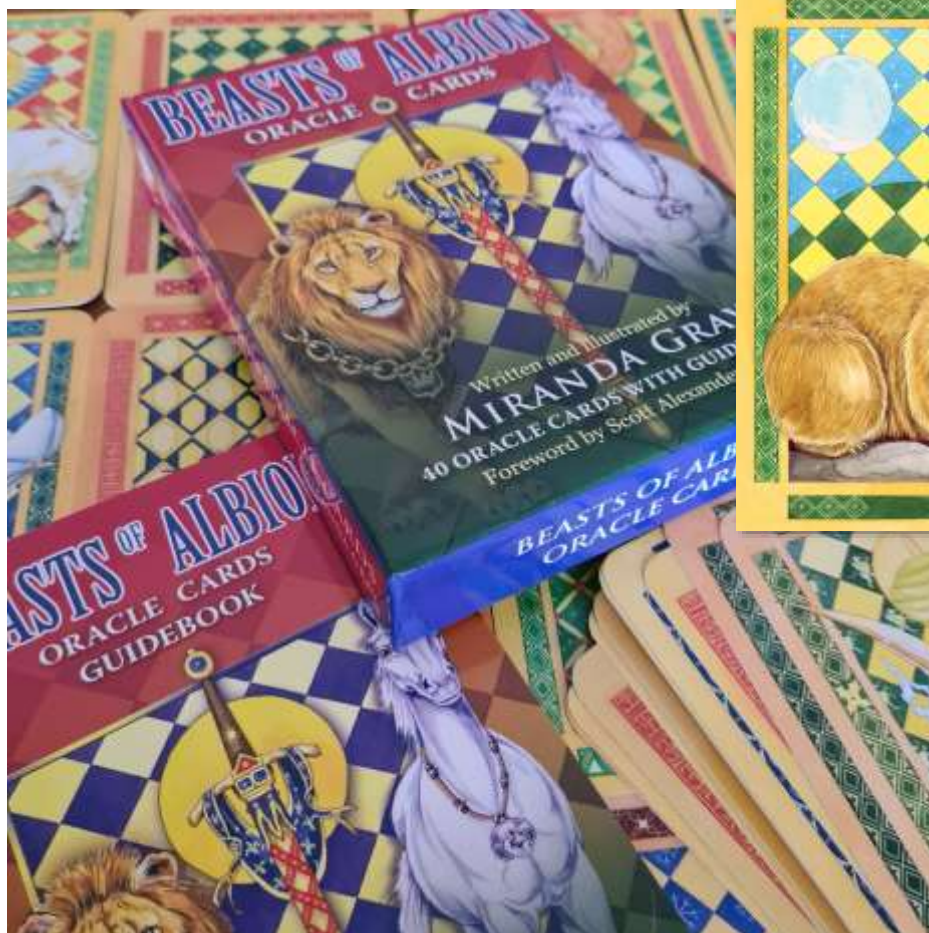
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